CME Post Test

The Pre-Participation Sports Examination General & Special Needs Populations

In order to receive CME credit, you must complete and submit the following post-test evaluation.

Name _____ AAFP Member ID _____

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Please send me the answers 1 credit reported Please send a letter of documentation (nonmembers only)

1. A pre-participation exam should be done no more than two (2) weeks before the start of practices.
   True False

2. A thorough medical history is integral to identifying medical problems.
   True False

3. 90% of sudden death in athletes less than 30 years of age is cardiovascular.
   True False

4. Height & weight, eyes, cardiovascular and neurological are the main components of a physical exam.
   True False

5. If an athlete has a problem that puts him/her at greater risk for injury they cannot participate in any event, regardless of the amount of contact/collision and intensity of exercise.
   True False

6. Floor hockey, skiing, roller skating and volleyball are prohibited from Special Olympics.
   True False

7. Visual problems account for 50% of the issues affecting athletes.
   True False

8. Athletes with Atlanto-axial instability are prohibited from participating in events such as high jump, soccer and Alpine skiing.
   True False

9. Spinal cord injured athletes should be acclimatized two (2) weeks prior to the event.
   True False

10. Dental disease, complex cardiac problems and advanced orthopedic problems are out of the scope of a family physician and should be referred.
   True False

Evaluation (Rating Scale: 5 is the highest rating; 1 is the lowest rating.) 5 4 3 2 1
Relevance of this topic to my practice .....
Clinical material was current and useful .....
Overall rating for this activity .....

Is there anything we can do to improve this program? _____

_____

Return the completed CME Post Test to:
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