



Summer Games include:

- Swimming & diving
- Track & field
- Basketball
- Bowling
- Cycling
- Equestrian
- Soccer
- Golf
- Gymnastics
- Power-lifting
- Roller skating
- Softball
- Tennis
- Volleyball

Winter Games:

- Alpine Skiing
- Cross-country skiing
- Figure skating
- Floor hockey
- Speed skating

Certain sports are prohibited for safety reasons. Mainly these involve direct 1-on-1 competition and are considered dangerous for mentally retarded athletes.

- Wrestling
- Shooting
- Fencing
- Ski jumping
- Javelin
- Vault
- Triple jump
- Platform diving
- Trampoline
- Biathlon
- Boxing
- Rugby
- Football (US)